





## ART EDUCATION LESSON PLAN

<b>Lesson Developed by fall 2020 Miami University (OH) students:</b>  Caitlin Bishop Luke de Villiers Alexandria Parker Molly Wegman	<b>Grade level:</b>  3rd grade	<b>Theme/Big Idea:</b>  Finding your <b>comfort</b>
<b>Time Frame for Lesson:</b> A little bit over an hour.	<b>Other information:</b>	
<b>Anchor Image:</b>		
	<b>Artist/Maker:</b> <b>Title:</b> <b>Date:</b> <b>Material/Technique:</b>  <b>Dimensions:</b> <b>Accession No.:</b> <b>Credit line:</b>	Gordon Parks Boy with Junebug 1963 chromogenic color print; paper 16 H x 19 3/4 W in 2008.14 Museum Purchase © and courtesy of The Gordon Parks Foundation

<b>Lesson Title:</b>	<b>Comfort Cravings</b>
<b>Lesson Overview:</b>	<p>In this <b>image</b>, the boy is finding <b>comfort</b> with nature, including the grass, flowers, and June bug. During this lesson, we will be exploring what kinds of things bring each of us <b>comfort</b> and how we can express them through art. The term 'comfort food' has been coined as a way to express the positive effect food has on our <b>comfort</b>. So we will be using foods we can find in our pantry to create a piece of art that expresses something that brings us <b>comfort</b>.</p>
<b>Essential Questions:</b>	<ul style="list-style-type: none"> <li>• How do you define <b>comfort</b>?</li> <li>• Where do you find <b>comfort</b>?</li> <li>• What would you consider to be <b>comfort</b> food, what are some ideas that come to mind?</li> </ul>
<b>Objectives:</b>	<p>Students will:</p> <ul style="list-style-type: none"> <li>• State the meaning that they derive from the Gordon Parks <b>image</b>.</li> </ul>

	<p>(Re7.2.3)</p> <ul style="list-style-type: none"> <li>Identify comforting objects and people in their surroundings that will be the focus of their artwork. (Cn10.1.3)</li> <li>Determine the message that their artwork will convey and how it relates to <b>comfort</b>. (Re7.2.3)</li> <li>Create a <b>sculpture</b> or <b>image</b> using available resources, tools, and technologies. (Cr1.2.3)</li> <li>Analyze how taking a photo of their artwork can influence the audience's understanding of the artwork. (Pr4.1.3)</li> </ul>
<p><b>Standards</b> (<a href="#">Kansas Visual Arts Standards</a>): (We are using KS standards since the Ulrich Museum of Art is in KS.)</p>	<p>Creating</p> <ul style="list-style-type: none"> <li>(Cr1.2.3) Apply knowledge of available resources, tools, and technologies to investigate personal ideas through the art-making process.</li> </ul> <p>Presenting</p> <ul style="list-style-type: none"> <li>(Pr4.1.3) Investigate and discuss possibilities and limitations of spaces, including electronic, for exhibiting artwork.</li> </ul> <p>Responding</p> <ul style="list-style-type: none"> <li>(Re7.2.3) Determine messages communicated by an <b>image</b>.</li> </ul> <p>Connecting</p> <ul style="list-style-type: none"> <li>(Cn10.1.3) Develop a work of art based on observations of surroundings.</li> </ul>
<b>Materials:</b>	<ul style="list-style-type: none"> <li>Food: making sure hands and work surfaces are properly cleaned before and after use</li> <li>A plate or bowl to hold their favorite ingredients</li> <li>No special training is needed-only their imagination!</li> <li>If needing to cut anything, adult supervision will be required.</li> <li>A phone/camera to photograph their <b>sculpture</b></li> </ul>
<b>Lesson Vocabulary:</b>	<ul style="list-style-type: none"> <li><b>Comfort</b>- To feel at ease and free from pain and/or grief</li> <li><b>Image</b>- A representation of a person or a thing in art</li> <li><b>Sculpture</b>- A 3-dimensional (3D) art form that represents something</li> <li><b>Medium</b>- the type of materials or supplies used to create the artwork <ul style="list-style-type: none"> <li>For example, in our project, the <b>medium</b> will be food as well as photography.</li> </ul> </li> <li><b>Photography</b>- the art of taking photographs and processing them</li> <li><b>Pattern</b>- a repeated decorative design that creates depth to a piece of art.</li> <li><b>Repetition</b>- repeating one piece of your art many times to potentially create a <b>pattern</b>.</li> </ul>
<b>Historical/Multicultural Artwork:</b>	<ul style="list-style-type: none"> <li>Location of photo: Fort Scott, Kansas</li> <li>Year: 1963</li> <li>Gordon Parks was a Photographer <ul style="list-style-type: none"> <li>We are using <b>photography</b> as one of our <b>mediums</b>.</li> <li>The kids will take a photo of the art piece they make</li> </ul> </li> <li>Parks believed that "color takes away the harshness that is needed to show poverty-stricken areas", but he decided to keep this <b>image</b> in color to take away that harshness and show the <b>comfort</b> and contentment of the boy.</li> </ul>

	<ul style="list-style-type: none"> <li>○ Our <b>images</b> will be full of color.</li> <li>● Parks used his own knowledge and skill sets when it came to his art making, and the children making their art piece will also be using things they've learned in their daily lives and personal experiences.</li> <li>● Artist shows poverty and human dignity in his work, <b>Image</b> taken in Fort Scott, Kansas.</li> </ul>
Questions for Gordon Parks image:	<ul style="list-style-type: none"> <li>● How do you feel when you look at the <b>image</b>?</li> <li>● How do you think the boy in this <b>image</b> is feeling?</li> <li>● What does the boy's posture show about how he may be feeling?</li> </ul>
Visual Culture Component:	<p>What will you put in your comfort kit?</p>  <p><a href="https://www.youtube.com/watch?v=OSAtLK6v4LU&amp;t=28s">https://www.youtube.com/watch?v=OSAtLK6v4LU&amp;t=28s</a></p> <p><b>Comfort</b> is the state of feeling at ease or free from worry. In the video, when the snail was feeling sad and bad, the snail's friend recommended making a <b>comfort</b> kit. A <b>comfort</b> kit is a collection of people's favorite things that can help to make them feel better when they are feeling sad, worried, or upset. It is important to find <b>comfort</b> when you are having a rough day. By making or even thinking about <b>comfort</b> kits, we can make and find our own <b>comfort</b> and feel at ease.</p> <ul style="list-style-type: none"> <li>- What did the snail put in it's <b>comfort</b> kit?</li> <li>- What would you put in your <b>comfort</b> kit and why?</li> <li>- How would a <b>comfort</b> kit help to change your mood?</li> </ul>
Procedure:	<p>Step 1: Look at the Gordon Parks image, Boy with Junebug, and reflect on the meaning of this image and how this image makes you feel. Then, talk about the essential questions relating to this image and its big idea. After this, watch the visual culture video, "Comfort kit" and think about the questions at the end of that video as well. (10 min.)</p> <p>Step 2: Think of what foods relate to <b>comfort</b> and what <b>comfort</b> means to you. (Think of people, things, or activities that make you feel at ease and relaxed.) (5 min.)</p> <p>Step 3: With your parent or caregiver's permission, raid the pantry or fridge and grab your favorite foods (in proportion). These foods will be the <b>medium</b>, or type of materials, used in your artwork (10 min.).</p> <p>Step 4: Decide where you would like to create your <b>image</b> or <b>sculpture</b>. It</p>

	<p>is best to use a plate, bowl, piece of cardboard, or piece of paper to keep the materials contained. Collect this item as well and bring it back to your work station. (5 min.)</p> <p>Step 5: Make sure your workspace is clean and disinfected since you will be working with food that may be eaten. (5 min.)</p> <p>Step 6: Create a <b>sculpture</b> or an <b>image</b> with your food that is a representation of what brings you personal <b>comfort</b>. Consider using <b>repetition</b> of a shape or color, or create a <b>pattern</b> that is soothing to you. Take a look at the four example images for different ideas of how four different people approached this project. (20 min)</p> <ul style="list-style-type: none"> <li>- What shapes or colors did they repeat?</li> <li>- Can you find any <b>patterns</b> in their work?</li> </ul> <p>Step 7: After making the <b>comfort</b> food <b>sculpture</b> or <b>image</b>, you will need a camera (could use camera feature on phone). Choose how you want to photograph this <b>image</b>, focusing particularly on how you can show a sense of <b>comfort</b> in your <b>image</b>. (think of background, lighting, and angles, etc.) (5 min.)</p> <p>Step 8: The <b>sculpture</b> can then be eaten or destroyed-whatever seems the most fun!</p> <p>Step 9: Clean up the work station around you, making sure to pick up any food crumbs! Place the unused food items back in the pantry and/or fridge. (5 min.)</p> <p>Step 10: If you have access to a printer at home, or wherever you are, you can print out the photograph of your <b>comfort image</b> that you have created and put it in a place that will make you feel <b>comfort</b> whenever you look at it. (That way, you will be able to keep the <b>image</b> of this artwork forever.) (5 min.)</p>
<p><b>Assessment:</b></p>	<p>Did you:</p> <ul style="list-style-type: none"> <li>• State the meaning that you derived from the Gordon Parks <b>image</b>?</li> <li>• Identify comforting objects and people in your surroundings that would be the focus of your artwork?</li> <li>• Determine the message that your artwork would convey and how it relates to <b>comfort</b>?</li> <li>• Create a <b>sculpture</b> or <b>image</b> using available resources, tools, and technologies?</li> <li>• Analyze how taking a photo of your artwork could influence the audience's understanding of the artwork?</li> </ul>

**Example images of completed activity/project:**



Caitlin: I started out by grabbing my two favorite foods from the shelf. When I think of food from my childhood, I think of goldfish-which brings about a lot of nostalgia. In addition to loving goldfish since I can remember, I also chose to use coconut clusters because these are my current favorite snack and I wanted to share my love of both of these items. I decided to create a sun on my sheet of paper because I can always find comfort in nature when I feel the warm sun touching my skin. Thinking of the consistency of the sun in the sky every day brings me comfort in my life and I know I can always find comfort by simply spending time outside. I decided not to attach these snacks to the paper so that I could eat them later-which also brought me much comfort. However, before I ate them, I photographed them and played around with the editing by adjusting the brightness and the contrast. Although I ate my sun design, I will have the art in a picture forever!

Molly Wegman:

For my piece, I really wanted to focus on colors and images that bring me comfort. Therefore, I decided to go with a warm color palette. In my image I am showing a wave and sun because when I am searching for comfort, I turn to the calming sounds of the ocean and warm embrace of the sun's rays. Finally, I used Chick-fil-a sauce, goldfish and candy fish to make my design because they are some of my favorite foods that I currently have in my house.







Luke de Villiers: I created an image of a shark fin because, similar to Molly, the ocean and nature in general give me comfort, especially when I am out fishing. I used peanut butter M&M's as my material because they are one of my favorite candies, and they also bring me comfort.



Alexandria: I sat down with my nephew and we got out our favorite foods in the house and we put together this piece. I let him take the lead and have fun with this assignment. He calls this "Summer Chaos". Over summer we took a vacation to the beach and had so much fun he wanted to recreate it. We are both fascinated with sharks and even tracked them while sitting on the beach. So he added a couple shark fins to it. There was comfort in bonding together and laughing over him sneaking bites during the activity.

#### Resources:

- <https://www.youtube.com/watch?v=OSA4LK6v4LU&t=28s>  
(link to the visual culture component-video about **comfort** kits)
- <https://artmuseum.princeton.edu/collections/objects/130319>  
(link containing information about the Gordon Parks anchor **image**)
- <https://www.ksde.org/LinkClick.aspx?fileticket=QxglNYhwHy0%3d&tabid=1042&portalid=0&mid=3102>  
(link to KS standards used)
- <https://www.artsy.net/artwork/gordon-parks-boy-with-june-bug-fort-scott-kansas-44-dot-001>  
(link containing information about the Gordon Parks anchor **image**)